




# DR. JUDY VANSIEA

DNP, MS, MA, APRN, NPP

## CONNECT

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## ACCEPTED INSURANCES

## ABOUT ME

Dr. Judy E. Vansiea holds a Doctor of Nursing Practice (DNP) Degree with a focus in Transcultural Nursing Leadership from Augsburg University. In addition, she has two Masters Degrees. Her first degree is in Mental Health Psychiatric Nursing from State University of New York at Stony Brook which led to her Advanced Practice Registered Nurse (APRN) journey. She is licensed as a Nurse Practitioner in Psychiatry and has been practicing for over 10 years. Then she received her second Master of Arts in Addiction Counseling from the Hazelden Betty Ford Graduate School of Addiction Studies.

Dr. Vansiea has been a Registered Nurse for over 27 years and has worked in numerous nursing settings such as an adjunct nursing faculty, inpatient medical/surgical nursing, workers' compensation, school nursing, outpatient medical and psychiatric clinics, and nursing education and staff development. In addition, she worked over two years as a court appointed volunteer Guardian Ad Litem in Ramsey County Second Judicial District in Saint Paul, MN. She advocated for children's best interest in legal proceedings surrounding family and juvenile court cases. Dr. Vansiea also served as a (U.S.) army nurse and was commissioned as a Second Lieutenant stationed at Walter Reed Army Medical Center in Washington, DC.

Currently, she is the proud founder and owner of her mental health practice for over 5 years. Coping Nurse Practitioner in Psychiatry Services is a faith-based Christian practice that has a mission of CARE and a vision of HOPE.

## EDUCATION

**Augsburg University** 09/12 to 06/15  
 Doctor of Nursing Practice in Transcultural Nursing Leadership  
**Graduated 5-3-15: with a GPA: 3.9**

**Hazelden Betty Ford Graduate School of Addiction Studies** 01/11 to 04/12  
 Master of Arts Degree in Addiction Counseling  
**Graduated 4-21-12 with a GPA of 3.4**

**State University of New York at Stony Brook** 05/07 to 12/09  
 Master of Science Degree in Mental Health Psychiatric Nursing  
**Graduated 12-22-09 with a GPA of 3.70**

**US Army Academy of Health Sciences, Fort Sam Houston** 01/00 to 03/00  
 Awarded US Army Diploma for AMEDD Officer Basic (All Corps)

**State University of New York at Stony Brook** 09/93 to 05/97  
 Bachelor of Science Degree in Nursing with a Minor in Health and Society

**State University of New York at Stony Brook** 09/93 to 05/97  
 Bachelor of Arts Degree in Social Sciences Interdisciplinary Studies (SSI) with a Minor in Child and Family Studies

**Mary Holmes College** 10/91 to 05/93  
 Associates of Science Degree in Pre-Nursing  
**Salutatorian of Graduating Class**

## WORK EXPERIENCES

### **UNIONDALE, NY** 10/19 to Present

Small Business Owner and Entrepreneur  
Coping Nurse Practitioner in Psychiatry Services, P.C.

### **MN, GA & NY** 03/16 to 09/19

Small Business Owner and Entrepreneur  
Circle of Care and Hope Mental Health Healing  
and Empowerment Center, LLC

### **SAINT PAUL, MN** 12/13 to 05/14

Adjunct Nursing Faculty  
University of Northwestern

### **BLOOMINGTON, MN** 03/13 to 05/13

Temporary Part-time Nursing Faculty  
Normandale Community College

### **SAINT PAUL, MN** 10/10 to 09/13

Guardian Ad Litem-Second Judicial District  
Minnesota Ramsey County Guardian Ad Litem Program

### **NEW YORK, NY** 09/07 to 07/08

RN (School and Outpatient Substance Abuse Rehab)  
United Staffing (contracted by NYC Board of Education)

### **WESTON, FL** 11/06 to 12/07

RN (Assessment Specialist)  
Universal American (Formerly CHCS)

### **WAYNE, PA** 01/06 to 03/06

Registered Nurse (Case) Manager  
Advanced Rehabilitation Management INC. & Kingstree Group INC.

### **BROOKLYN, NY** 12/05 to 12/06

Registered Nurse (School Nurse)  
Stat Nurses Agency, Inc.

### **BROOKLYN, NY** 05/05 to 07/05

Registered Nurse (Case Manager)  
Jewish Child Care Association

### **QUEENS, NY** 11/00 to 01/04

Registered Nurse (Medical / Surgical)  
Progressive Nursing Staffers

### **BROOKLYN, NY** 03/03 to 05/03

Registered Nurse (School Nurse)  
Unique Nurses Registry Inc.

### **WASHINGTON, DC** 10/01 to 02/02

Registered Nurse / Administrator  
Walter Reed Army Medical Center-Nursing Education and  
Staff Development (United States Army)

### **WASHINGTON, DC** 04/00 to 09/01

Registered Nurse Surgical Ward  
Walter Reed Army Medical Center (United States Army)

### **NEW YORK, NY** 04/99 to 01/00

Registered Nurse (Surgical)  
Beth Israel Medical Center

## CLINICALS & INTERNSHIPS

### **FIRST INTERNSHIP** 01/11 to 04/11 Center City, MN

Worked primarily at a 28-day women's unit at Hazelden Center  
City campus for co-occurring disorders of mental illness and  
substance use disorders.

### **SECOND INTERNSHIP** 05/11 to 08/11 Minneapolis, MN

Worked at African American Family Outpatient  
Behavioral Health Center with co-occurring mental illness and  
substance use disorders. Trained to do Rule 25 assessments.

### **THIRD INTERNSHIP** 09/11 to 02/12 Saint Paul, MN

Worked at CLUES Outpatient Chemical Dependency  
Program with co-occurring mental illness and substance abuse  
disorders with adult clients. Trained to do Rule 25 assessments.

### **ALLINA UNITY HOSPITAL FOR FIRST CLINICAL ROTATION** 10/08 to 02/09 Fridley, MN

Worked alongside a preceptor psychiatrist on an inpatient adult  
substance abuse unit doing intakes, consultations on medical units,  
and individual and group therapies.

### **ALLINA WOODBURY CLINIC FOR SECOND CLINICAL ROTATION** 02/09 to 06/09 Woodbury, MN

Worked alongside a preceptor Certified in child/adolescent  
psych clinical nurse specialist on an outpatient basis doing intakes  
and therapy with family, children/adolescent and medication  
management.

### **ALLINA ABBOTT/NORTHWESTERN PARK HOUSE SECOND CLINICAL ROTATION** 04/09 to 06/09 Minneapolis, MN

Worked alongside a preceptor psychologist doing group  
therapy with HIV/AIDS patients who had dual diagnoses  
of mental illness and chemical dependency.

### **ALLINA MERCY HOSPITAL FOR THIRD CLINICAL ROTATION** 06/09 to 08/09 Coon Rapids, MN

Worked alongside a preceptor psychiatrist on an inpatient adult  
MICD unit doing intakes, brief individual psychotherapy,  
group therapy and ECT observations.

### **ALLINA WOODBURY CLINIC FOR FOURTH CLINICAL ROTATION** 09/09 to 11/09 Woodbury, MN

Worked at Woodbury Outpatient Clinic seeing adult patients  
with a clinical nurse specialist preceptor for medication  
management, one to two days per week.

### **ALLINA MERCY HOSPITAL FOR FOURTH CLINICAL ROTATION** 09/09 to 12/09 Coon Rapids, MN

Worked along with two Preceptor Psychiatrist on an Inpatient  
adult MICD unit doing intakes; brief individual psychotherapy;  
and medication management.